

# All In Fighting Fairbairn

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*All-in Fighting In Colour - Combat Edition* - W E Fairbairn 2020-12-11  
Fully illustrated and enhanced with colourised images, this is the Combat Edition of what is regarded as the classic manual of unarmed combat, it will be sure to delight all martial arts enthusiasts. The author of this guide to unarmed combat and self-defence is a legend. W. E. Fairbairn (1885-1960) spent over thirty years in the tough environment of the Riot Squads of China's Shanghai Municipal Police. In order to lower levels of Police mortality at the hands of Chinese Tongs, he studied ancient Chinese and Japanese martial arts, including Ju-jitsu, and was the first foreigner to be awarded a black belt in the discipline. He developed his own system which he called 'Defendu'. At the outbreak of the Second World War, he was recruited by Britain's Special Operations Executive as an Instructor in unarmed combat and expounded the deadly mysteries of attack and defence to scores of trainee agents about to be dropped into occupied Europe. His methods were approved and officially adopted throughout the British army. Fairbairn also developed weapons and defence aids such as bullet proof vests. He is best known as the co-inventor of the famous Sykes-Fairbairn knife. In this book he expounds his distilled experience of unarmed combat. Fully illustrated, it shows how to deliver deadly blows with hand, fist, knee and boot; wrist, bear-and strangle holds (and how to break them); how to throw an enemy, and how to break their backs; how to disarm a pistol-wielding attacker; and securing a prisoner. The book also contains a chapter on the use of the rifle in close combat by Captain P. N. Walbridge. Captain W. E. Fairbairn would have approved of this new colour version, that gives an illustrative clarity to the original that was lacking in previous monochrome reprints of his work.

*The Fairbairn-Sykes Fighting Knife* - Wolfgang Peter-Michel 2011  
The Fairbairn-Sykes Fighting Knife stands symbolic for daring secret operations that Britain ran during World War II. This book provides an insight in the development of 20th century's most influential military fighting knife and its historical background. Also the biographical background of its inventors, William Ewart Fairbairn and Eric Anthony Sykes, is embedded in this story and unburdened of all the myths and legends that have been woven around these two innovative men. It covers not only the basic variations of the F-S knife but also numerous other examples the collector may encounter. The problematic topic of fakes is discussed as well as the question as to how to narrow the focus of one's collection. Thus, prospective buyers of Fairbairn-Sykes knives will find this book a useful guide through the jungle of variants and fakes.

**The Complete Book Of Knife Fighting** - William L. Cassidy 1975  
This is the classic book on knife fighting from one of the world's foremost experts. From it, you will learn all the facets of the art: assassination methods, history and development of knife design and in-depth reviews of the techniques perfected by Fairbairn, Biddle, Applegate and others. Rare photos and never-before-published info on Oriental techniques.

*Five Smooth Stones* - Ann Fairbairn 2009-04-01  
This gripping bestseller, first published in 1966, has continued to captivate readers with its wide-ranging yet intimate portrait of an America sundered by racial conflict. David Champlin is a black man born into poverty in Depression-era New Orleans who makes his way up the ladder of success, only to sacrifice everything to lead his people in the civil rights movement. Sara Kent is the white girl who loves David from the moment she first sees him, and who struggles against his belief that a marriage for them would be wrong in the violent world he has to confront. And the "five smooth stones" are those the biblical David carried against Goliath. By the time this novel comes to its climax of horror, bloodshed, and hope, readers will be convinced that its enduring popularity is fully justified.

**W.E. Fairbairn's Complete Compendium of Lethal, Unarmed, Hand-to-Hand Combat Methods and Fighting** - W E Fairbairn 2020-09-25

The fully illustrated distilled knowledge of W.E. Fairbairn, legendary SOE instructor in unarmed combat, and co-inventor of the Sykes-Fairbairn knife, who learned his deadly skills in 30 years on the Shanghai waterfront. It has been suggested that Fairbairn was the inspiration for Q Branch, in Ian Fleming's fictional books about the British Secret Service agent James Bond. *Get Tough!* is the fully illustrated manual of lethal unarmed combat methods taught to British and US Special Forces in the Second World War by Major W.E. Fairbairn, co-inventor of the Sykes-Fairbairn knife, and senior instructor to WW2's Special Forces. The methods used in this book should only be employed when life is in danger from an attacker, since correctly applied they can kill or maim an opponent. *All-In Fighting* shows how to deliver deadly blows with hand, fist, knee and boot; wrist, bear and strangle holds (and how to break them); how to throw an enemy, and how to break their backs; how to disarm a pistol-wielding attacker; and securing a prisoner. Actual incidents provided the basis for *Shooting to Live*; this is an instruction manual on life-or-death close-quarters shootouts with the pistol. The emphasis is on training to fight with no notice, at very close ranges, in poor lighting and in unexpected environments. Originally published during the Second World War, *Hands Off!* shows the emancipated woman how to deal with any 'unpleasant' situation which would immeasurably increase their efficiency in the War effort. The methods of self-defence were especially selected for use by women, taking into account their disadvantages of weight, build and strength. *Scientific Self-Defence* is the hand-to-hand combat system based on practical experience mixed with jujutsu and boxing that Fairbairn developed to train the Shanghai Municipal Police and was later taught in expanded form to the Office of Strategic Services and Special Operations Executive members during World War II. *Defendu* is the classic hand-to-hand combat system based on practical experience mixed with jujutsu and boxing that Fairbairn developed to train the Shanghai Municipal Police. *Combat Use Of The Double-edged Fighting Knife* - Rex Applegate 1993-07-01

Before arming yourself with a fighting knife, arm yourself with the facts. Colonel Applegate, the world's foremost authority on close combat, wrote this book to instill in readers the skills necessary for contemporary knife fighting. Now you, too, can benefit from the same instructions that generations of military and intelligence personnel have.

**Shooting to Live** - W E Fairbairn 2020-11-13  
Actual incidents provided the basis for this instruction manual on life-or-death close-quarters shootouts with the pistol. The emphasis is on training to fight with no notice, at very close ranges, in poor lighting and in unexpected environments.

**The Sherlock Holmes School of Self-Defence** - E. W. Barton-Wright 2017-03-02

When Sherlock Holmes wrestled with Dr Moriarty on the Reichenbach Falls, he was employing a system of self-defence that was all the rage in Victorian Britain. In an age when footpads and fogle-snatchers meant a man of breeding took his life in his hands when walking across town, a martial arts craze took hold that did not escape Conan-Doyle's keen eye for research. Schools sprung up all over London, chief among which was E.W. Barton-Wright's "Bartitsu" method. The Sherlock Holmes School of Self-Defence commemorates Barton-Wright's exploits and the fighting techniques of the famous sleuth himself (though Conan-Doyle mischievously spelled it Baristu). Learn how to defend yourself with an overcoat, cane, or umbrella, or even to wield your bicycle against an attacker. Wonderful illustrations based on original photographs instruct the reader in skills that range from the sublime to the elementary. *The Fairbairn-Sykes Fighting Knife and Other Commando Knives* - Ron Flook 2013

**American Arwrology** - Fred C Bauer 2013-04-08

In 1943 the classic book Arwrology: All Out Hand To Hand Fighting by

Gordon E. Perrigard M.D. was published. Although one of many books of its time to put forward a method of close combat for use against the Axis powers, Arwrology was a unique system in its own right. The book itself was destined to become a rare classic because of its content, and the limited number of original copies printed. That status was ensured when, in 1946, officials deemed it too violent for the general public and subsequently banned its sale. In 2001, after several years of study and training in Arwrology, GHCA Founder and Instructor Bob Kasper was granted permission by the Canadian Society of Arwrologists (CSA) to found the American Society of Arwrologists, and given the title 1st Regent (ASA). Soon afterwards, Bob selected seven loyal instructors he had personally trained and together they tested the principles and techniques developed by Dr. Perrigard, culminating with the Arwrology system being fully adopted by the GHCA into their curriculum. Shortly before his untimely death in 2006, Bob Kasper formally passed the ASA and Arwrology system over to one of the seven original instructors, Fred C. Bauer, who was also granted the title 2nd Regent (ASA). As part of his passion to keep the Arwrology system alive, Fred Bauer has compiled this instructional volume on Arwrology in his capacity as 2nd Regent, making it the first official new publication on the subject since the 1943 original. CQB Publications is proud to make available this volume of the Doc's unique fighting system from WW2 giving a glimpse as to how it is being taught today within the ASA and GHCA. It is a worthy addition to any WW2 / Combatives / Martial Arts library.

*Hands Off!* - W E Fairbairn 2020-11-13

"Hands Off!" shows the emancipated woman how to deal with any 'unpleasant' situation which would immeasurably increase their efficiency in the War Effort.

**Scientific Self-Defence** - W. E. Fairbairn 2015-08-28

"Get tough, get down in the gutter, win at all costs... I teach what is called 'Gutter Fighting.' There's no fair play, no rules except one: kill or be killed." - W.E. Fairbairn Learn self-defense from one of the most badass hand-to-hand combat experts the world has ever seen! W. E. Fairbairn is an absolute legend in the world of martial arts. He is credited with inventing the SWAT team, riot police, bullet-proof vest, and the Fairbairn-Sykes fighting knife used to this day by Special Forces, Marines, and Armies around the world. After enlisting in the British Royal Marines at age 16, Fairbairn spent the years between 1903 and 1907 stationed in Japan and Korea eagerly studying every form of martial art he came across. Fairbairn then accepted a position as a patrolman with the Shanghai Municipal Police department, which, in the early days of the 20th Century, was struggling against seemingly endless swarms of organized criminals and violent gangsters. Tasked with training the underfunded department, Fairbairn wove together his military training, mastery of Eastern martial arts, and everything he learned from personal experience street-fighting deadly criminals into a new style of no-holds-barred, 'gutter-fighting' called Defendu. In the 35 years he spent walking the streets of Shanghai, Fairbairn allegedly survived over 600 physical engagements, the violence of which left his body covered head-to-toe with the scars of knife and bullet wounds. Upon leaving Shanghai Fairbairn accepted a job to train elite agents for the British Secret Service in anticipation of WWII. Written in 1931, after 20 years on the gritty, lawless streets of Shanghai, *Scientific Self-Defense* is a no-nonsense guide to protecting yourself by any means necessary against any conceivable assailant. With hundreds of diagrams and photos illustrating Defendu's time-honored defensive maneuvers and brutal retaliatory attacks, *Scientific Self-Defense* will teach you everything you need to know about kicking ass and taking names!

*The Go companion : Go in history and culture* - John Fairbairn 2009

*Get Tough!* - W. E. Fairbairn 2017-04-03

*Get Tough!* is the fully illustrated manual of lethal unarmed combat methods taught to British and US Special Forces in the Second World War by Major W E Fairbairn. The methods used in this book should only be employed when life is in danger from an attacker, since correctly applied they can kill or maim an opponent.

*British and Commonwealth Military Knives* - Ron Flook 1999

**All-in Fighting** - W. E. Fairbairn 2021-05-06

The author of this concise guide to unarmed combat and self-defence is a legend. W. E. Fairbairn (1885-1960) spent over thirty years in the tough environment of the Riot Squads of China's Shanghai Municipal Police. In order to lower levels of Police mortality at the hands of Chinese Tongs, he studied ancient Chinese and Japanese martial arts, including Ju-jitsu, and was the first foreigner to be awarded a black belt in the discipline.

He developed his own system which he called 'Defendu'. At the outbreak of the Second World War, he was recruited by Britain's Special Operations Executive as an Instructor in unarmed combat and expounded the deadly mysteries of attack and defence to scores of trainee agents about to be dropped into occupied Europe. His methods were approved and officially adopted throughout the British army. Fairbairn also developed weapons and defence aids such as bullet proof vests. He is best known as the co-inventor of the famous Sykes-Fairbairn knife. In this book he expounds his distilled experience of unarmed combat. Fully illustrated, it shows how to deliver deadly blows with hand, fist, knee and boot; wrist, bear- and strangle holds (and how to break them); how to throw an enemy, and how to break their backs; how to disarm a pistol-wielding attacker; and securing a prisoner. The book also contains a chapter on the use of the rifle in close combat by Captain P. N. Walbridge.

**All-In Fighting** - W. E. Fairbairn 2017-06-02

The distilled knowledge of W.E. Fairbairn, legendary SOE instructor in unarmed combat, and inventor of the Sykes-Fairbairn knife, who learned his deadly skills in 30 years on the Shanghai waterfront. Fully illustrated.

*Shooting To Live* - Capt. W.E. Fairbairn 2008-10-01

One of the most influential combat shooting books ever published, *Shooting to Live* is the product of Capt. W.E. Fairbairn's and Capt. E.A. Sykes' practical experience with the handgun from their many close-quarters gunfights while working for the Shanghai Municipal Police in the 1930s. This expanded edition contains a new foreword by British World War II combatives expert Phil Mathews, which sheds new light on the career of E.A. Sykes - the "forgotten hero" of the Fairbairn-Sykes duo - as well as previously unpublished photos. Hundreds of actual incidents provided the basis for this first true instruction manual on life-or-death shootouts with the pistol. In clear, concise terms, the book teaches the concepts, considerations and applications of combat pistolcraft. A foreword by Col. Rex Applegate explains how Fairbairn and Sykes introduced their groundbreaking methods into American military training circles at the height of World War II.

**Self-Defense for Gentlemen and Ladies** - Colonel Thomas Hoyer Monstery 2015-04-21

*Self-Defense for Gentlemen and Ladies* is the treatise of Colonel Thomas Hoyer Monstery, a master swordsman who participated in more than fifty duels, fought under twelve flags, battled gangsters, and was constantly involved in the great conflicts and upheavals of his time. This book is the magnum opus of this remarkable and colorful character, originally published in the 1870s as a series of newspaper articles and collected here for the first time. Colonel Monstery presents a unique look into the Victorian-era fighting world, describing styles such as British "purring" (shin-kicking), Welsh jump-kicking, and American rough-and-tumble fighting, and provides illustrated instruction in the art of gentlemanly self-defense with a cane, staff, or one's bare hands. Fifty rare drawings and photographs from the period illuminate Monstery's world, while an extensive glossary of terms and an introductory biography of Colonel Monstery—including fascinating details of his many duels as well as his groundbreaking devotion to teaching fencing and self-defense skills to women—update his text to make it accessible and useful to gentlemen and ladies of any era. CONTENTS Colonel Thomas Hoyer Monstery: The Unknown American Martial Arts Master I. Introduction. II. The Logic of Boxing. III. Standing and Striking. IV. Advancing to Strike and Feinting. V. Simple Parries in Boxing. VI. Parries with Returns. VII. Effective or Counter Parries in Boxing. VIII. Offence and Defense by Evasions. IX. Trips, Grips, and Back-Falls. X. Rules for a Set-to with Gloves. XI. Observations on Natural Weapons. XII. The Use of the Cane. XIII. The Use of the Cane (continued). XIV. The Use of the Staff. XV. The Use of the Staff (continued). Appendix: Monstery's Rules for Contests of Sparring and Fencing Glossary From the Hardcover edition.

*Fairbairn-Sykes Commando Dagger* - Leroy Thompson 2011-05-03

The Fairbairn-Sykes Commando dagger has become iconic as the most widely recognized fighting knife in the world. The origins of the dagger can be traced to Shanghai in the 1930s where W. E. Fairbairn and US Marine officers including Sam Yeaton carried out experiments to develop what they considered the perfect knife for close combat. When Fairbairn and Sykes became instructors for the Commandos, they refined the design which would evolve into the classic Fairbairn-Sykes dagger. The dagger was first used during early Commando raids into occupied Europe but saw action in every theatre of World War II. US Rangers and Marines who had trained with the Commandos took their Fairbairn-Sykes daggers home, and this also influenced the development of American Special Forces daggers. The Fairbairn-Sykes remained in use with many



units after the war. It has become a symbol of Commando and special forces units throughout the world.

**Defendu** - W E Fairbairn 2020-11-13

The classic hand-to-hand combat system based on practical experience mixed with jujutsu and boxing that Fairbairn developed to train the Shanghai Municipal Police.

*Get Tough!* - William Ewart Fairbairn 1974

*Arwrology* - Gordon E Perrigard, M D 2020-11-03

Gordon E. Perrigard was a Canadian medical doctor who combined his knowledge of advanced ju-jitsu with his knowledge of human anatomy to come up with this devastatingly effective close-in combat system. Arwrology is derived from the old Welsh word 'arwr', meaning an all-out hand-to-hand fighter. Arwrology was originally released in 1943 for use in training combatants for World War II. Martial artists from all over the world quickly hailed its superior fighting methods, and today it remains one of the most highly sought after and most valuable fighting manuals in the world. Arwrology is distinctive because it uses a single system of conditioned reflexes based on general body movement for both armed and unarmed fighting. If one method fails to subdue an attacker, a practitioner can effortlessly flow to another technique without exposing his body to attack. Through clear instructions, photos, and illustrations Arwrology shows you how to: Defeat someone armed with a firearm, knife, dagger or club Use knowledge to overcome brute strength Fall without injury and rise up without using your hands Get out of strangleholds, grips, and other holds Train to develop fast reflexes and important fighting muscle

**Kill Or Get Killed** - Rex Applegate 1976

This is an updated version of a book published first during World War II. In addition to outlining the techniques of military and police individual combat, it examines the requirements of the civilian law enforcement officer for restraint and manhandling tactics.

**The Marine Corps Martial Arts Program** - United States Marine Corps 2013-06

Marine Corps Reference Publication (MCRP) 3-02B. Marine Corps Martial Arts Program (MCMAP), is designed for Marines to review and study techniques after receiving initial training from a certified Marine Corps martial arts instructor or martial arts instructor trainer. It is not designed as a self-study or independent course. The true value of Marine Corps Martial Arts Program is enhancement to unit training. A frilly implemented program can help instill unit esprit de corps and help foster the mental, character, and physical development of the individual Marine in the unit. This publication guides individual Marines, unit leaders, and martial arts instructors/instructor trainers in the proper tactics, techniques, and procedures for martial arts training. MCRP 3-02B is not intended to replace supervision by appropriate unit leaders and martial arts instruction by qualified instructors. Its role is to ensure standardized execution of tactics, techniques, and procedures throughout the Marine Corps. Although not directive, this publication is intended for use as a reference by all Marines in developing individual and unit martial arts programs. For policy on conducting martial arts training, refer to Marine Corps Order 1500.59, Marine Corps Martial Arts Program (MCMAP). WARNING Techniques described in this manual can cause serious injury or death. Practical application in the training of these techniques will be conducted in strict adherence with training procedures outlined in this manual as well as by conducting a thorough operational risk assessment for all training.

**The Legend of W.E. Fairbairn** - Peter Robins 2005

**Defendu** - Capt. W.E. Fairbairn 2007-04-01

Defendu, William E. Fairbairn's seminal manual on close-quarters combat, is finally available in a quality reprint edition. Originally published in 1926, the book was the first to present Fairbairn's hard-core system of close-in fighting under the name by which it became legendary among practitioners of no-holds-barred self-defense and battlefield skills. Through Defendu and his other revolutionary books (including Scientific Self-Defence, Get Tough and All-In Fighting), as well as his years spent training members of the Shanghai Municipal Police in the 1930s and elite-unit soldiers during World War II, W.E. Fairbairn probably had more influence on the evolution of practical hand-to-hand combat than any other individual in modern history. As U.S. Marine Corps veteran and CQC expert Kelly McCann writes in the exclusive foreword to Paladin's reprint edition, "W.E. Fairbairn contributed more to the knowledge base of how to kill the enemy in close quarters than perhaps anyone else." Paladin spent years actively searching for a copy of Defendu through the

Internet, out-of-print book outlets, rare-book shops and military book specialists before we found one we could borrow to make this reprint edition possible. So it is with great pride that we add this highly sought volume, with an insightful foreword by best-selling author Kelly McCann to our library of Combat Classic titles.

*The Art of Wrestling* - George de Relwyskow 2021-02-17

"... I consider it has been of great value in the training of the soldier and the bringing out of those qualities of grit and determination which have been seen in all ranks..." - Capt Daniels.

*Lake Of Fire* - Nathan Fairbairn 2017-02-22

It is 1220 AD, and the gears of the Albigensian Crusade grind on. When an alien spacecraft infested with a horde of bloodthirsty predators crash-lands in the remote wilderness of the French Pyrenees, a small band of crusaders and a Cathar heretic are all that stand between God's Kingdom and Hell on Earth. Collects LAKE OF FIRE #1-5.

**Silent Killing - Nazi Counters To Fairbairn-Sykes Techniques** - 2008-04-01

"Silent Killing" was the name given to the lethal techniques for dispatching Nazi sentries and other German troops that close-combat masters W.E. Fairbairn and E.A. Sykes taught to Allied soldiers, paratroopers and commandos during World War II. These quick, brutal techniques were so effective that the German Army Command was forced to develop counters to what they termed "English Gangster Methods". This extremely rare manual was printed in 1942 for German troops in occupied Norway and is not believed to have been distributed outside that country. It remained largely unknown until rediscovered in 2001. Silent Killing - Nazi Counters to Fairbairn-Sykes Techniques is the first English translation of the German wartime manual. It contains the original German text and photos, the English translation and annotations, and an extensive foreword by British combatives researcher Phil Mathews, which provides valuable new information about the origins of the manual, how the Germans obtained the "secret" Allied training documents and the state of close combat instruction in Germany and Britain before and during World War II. The historical value of this manual for students of World War II, Fairbairn and Sykes, and hand-to-hand combat is immeasurable.

*Get Tough!* - W E Fairbairn 2019-05

This book, by the man who taught them, shows how the British Commandos fought in the Second World War in unarmed hand-to-hand combat. It shows how they won their fights - even against enemies who were bigger, stronger, and armed. Brute strength is not required. This book shows you how to put a thug out of action with your bare hands, so fast he won't know what's hit him. Get Tough is filled with clear, graphic line drawings which, with the easy-to-follow directions, demonstrate the Fairbairn System. The author, Major W. E. Fairbairn, was a tough Police officer who spent 30 years with the Shanghai Municipal Police, where he learned ju-jitsu (Judo), Chinese boxing and other martial arts. He was senior instructor to British Special Forces during the war, and was the co-inventor of the legendary Sykes-Fairbairn Commando knife. While in China he became the first foreigner, living outside Japan, ever admitted to Kodokan Jiu-Jitsu University in Tokyo where he was awarded the black belt, second degree. Combining all the knowledge thus acquired he developed a system that stopped the Shanghai terrorists in their tracks, demoralized the Nazis, and probably proved a decisive factor in the success of Allied Special forces in World War Two. This is a must book for the armed forces, civilian defense groups, police, security guards, and indeed anyone whose life may be threatened. The method of hand-to-hand fighting described in this book is the approved standard instruction for all members of His Majesty's forces. The Commandos, and parachute troops, harrying the invasion coasts of Europe, have been thoroughly trained in its use. Britain's two-million Home Guard are daily being instructed in its simple but terrible effectiveness. The units of the United States Marine Corps who were stationed in China between 1927 and 1940 learned these methods at my own hands when I was Assistant Commissioner of the Shanghai Municipal Police. There will be some who will be shocked by the methods advocated here. To them I say "In war you cannot afford the luxury of squeamishness. Either you kill or capture, or you will be captured or killed. We've got to be tough to win, and we've got to be ruthless - tougher and more ruthless than our enemies."

*The World's First SWAT Team* - Leroy Thompson 2012-10-24

In turbulent Shanghai in the years between the World Wars, the International Settlement was a mercantile powerhouse that faced unrest from Communist labor unions, criminal gangs, spies, political agitators, armed kidnapers and assassins. Adjoining the Settlement were the French Concession and the Chinese city, both hotbeds of intrigue and

crime themselves. Called the most sinful in the world, the Settlement relied on its police: the Shanghai Municipal Police, one of the most advanced forces in the world. After an incident in 1926 when the police fired upon demonstrators, which resulted in unrest and strikes, W. E. Fairbairn was charged with forming a specialized unit to deal with riots and armed encounters. The resulting Reserve Unit became the prototype for future SWAT teams, as it developed tactics for using snipers in barricade and hostage incidents, techniques for use of the submachine gun during raids, hostage rescue tactics, aggressive riot-dispersal tactics and various other tactical innovations. Out of the experiences of the unit came many of the techniques later taught by W. E. Fairbairn, E. A. Sykes, Pat O'Neill and others to the Commandos, Rangers, SOE, OSS, 1st Special Service Force and other Second World War elite units. Those same techniques still resonate today with special forces and police tactical units.

*Scientific Self-Defence in Colour* - Captain W E Fairbairn 2021-03-15  
Fairbairn's images can now for the first time be seen in colour lending a clarity to the practical methods of mastering the method of dealing with an armed assailant.

*Fairbairn's Book of Crests of the Families of Great Britain and Ireland* - James Fairbairn 2015-08-08

This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

**How to Fight Tough** - Jack Dempsey 2022-08-10

A very rare WWII combative, "How to Fight Tough", has been reprinted and is now available! This reprint is a faithful reproduction of the original with original formatting and graphics and digitally-enhanced photographs. At the outset of World War II, boxing heavyweight champion Jack Dempsey was appointed as a lieutenant in the U.S. Coast Guard and given the job of director of physical fitness. His orders: "Make 'em tough!" His task: to teach rookie Coast Guardsmen how to fight down and dirty in the face of the very real threat of enemy troops infiltrating American shores. Get in the ring with "the Manassa Mauler" as he gives 18 fully illustrated lessons in the art of bashing and brawling on the battlefield, including Subduing an Armed Enemy, The Unbreakable Strangle, Beating the Punch, Hammering Your Way Out of a Stranglehold, The Belt Trick, Fooling the Smart Knife Man, Turning the Tables with a Bayonet and Breaking a Standoff. All students of nasty close-quarters combat in the tradition of Sykes, Fairbairn, Applegate and other giants of the World War II era will thoroughly enjoy this fascinating piece of history. "How to Fight Tough," written by the toughest man in America, is a simple, clear and complete illustrated text book on how to deal with the enemy-and subdue him-in any possible emergency.

*W.E. Fairbairn's Complete Compendium of Lethal, Unarmed, Hand-to-Hand Combat Methods and Fighting* - W E Fairbairn 2020-09-25

The fully illustrated distilled knowledge of W.E. Fairbairn, legendary SOE

instructor in unarmed combat, and co-inventor of the Sykes-Fairbairn knife, who learned his deadly skills in 30 years on the Shanghai waterfront. It has been suggested that Fairbairn was the inspiration for Q Branch, in Ian Fleming's fictional books about the British Secret Service agent James Bond. *Get Tough!* is the fully illustrated manual of lethal unarmed combat methods taught to British and US Special Forces in the Second World War by Major W.E. Fairbairn, co-inventor of the Sykes-Fairbairn knife, and senior instructor to WW2's Special Forces. The methods used in this book should only be employed when life is in danger from an attacker, since correctly applied they can kill or maim an opponent. *All-In Fighting* shows how to deliver deadly blows with hand, fist, knee and boot; wrist, bear and strangle holds (and how to break them); how to throw an enemy, and how to break their backs; how to disarm a pistol-wielding attacker; and securing a prisoner. Actual incidents provided the basis for *Shooting to Live*; this is an instruction manual on life-or-death close-quarters shootouts with the pistol. The emphasis is on training to fight with no notice, at very close ranges, in poor lighting and in unexpected environments. Originally published during the Second World War, *Hands Off!* shows the emancipated woman how to deal with any 'unpleasant' situation which would immeasurably increase their efficiency in the War effort. The methods of self-defence were especially selected for use by women, taking into account their disadvantages of weight, build and strength. *Scientific Self-Defence* is the hand-to-hand combat system based on practical experience mixed with jujutsu and boxing that Fairbairn developed to train the Shanghai Municipal Police and was later taught in expanded form to the Office of Strategic Services and Special Operations Executive members during World War II. *Defendu* is the classic hand-to-hand combat system based on practical experience mixed with jujutsu and boxing that Fairbairn developed to train the Shanghai Municipal Police. *Contemporary Knife Targeting* - Christopher Grosz 2007-01-01  
William Fairbairn's *Timetable of Death* has been used for years as a standard reference tool by students of edged-weapon tactics. When Christopher Grosz began studying the timetable to validate its use as a reference for law-enforcement responses to edged-weapons attacks, he made a surprising discovery - the information in it was flawed. Grosz began a thorough analysis of Fairbairn's work, human anatomy and the realities of effective knife targeting. He later teamed up with knife expert Michael Janich to document it all in this book. Research was conducted with the help of recognized experts in both the medical and tactical fields. The result is a modern, medically accurate version of Fairbairn's original timetable - plus contemporary self-defense applications of the updated data - that will become the new definitive resource for all students of edged-weapons tactics.

**Combato** - Bill Underwood 2020-05-11

Originally published in 1943 "Combato" was created by Bill Underwood during wartime for use in close quarter combat. This unique system is a martial art and self defense system used in the armed forces, law enforcement, and for personal development. "Combato" techniques can be learned by anyone and are not based on physical strength or athletic ability. The average person will benefit from the practice by learning practical self-defense skills but also increase their self-confidence and well-being. A great addition to any martial arts library.

**That Man Cartwright** - Ann Fairbairn 1970

**All-In Fighting** - W. E. Fairbairn 2017-07-05

The distilled knowledge of W. E. Fairbairn, legendary SOE instructor in unarmed combat, and inventor of the Sykes-Fairbairn knife, who learned his deadly skills in 30 years on the Shanghai waterfront. Fully illustrated.