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Roots of Yoga - James Mallinson
2017-01-26
'An indispensable companion for all

interested in yoga, both scholars and practitioners' Professor Alexis G. J. S. Sanderson Despite yoga's huge

global popularity, relatively little of its roots is known among practitioners. This compendium includes a wide range of texts from different schools of yoga, languages and eras: among others, key passages from the early Upanisads and the Mahabharata, and from the Tantric, Buddhist and Jaina traditions, with many pieces in scholarly translation for the first time. Covering yoga's varying definitions, its most important practices, such as posture, breath control, sensory withdrawal and meditation, as well as models of the esoteric and physical bodies, *Roots of Yoga* is a unique and essential source of knowledge. Translated and Edited with an Introduction by James Mallinson and Mark Singleton

Meta Modern Era - Shri Mataji Nirmala

Devi 2019-05-30
Meta Modern Era by Shri Mataji Nirmala Devi is a loving, compelling and powerful book that introduces a tangible spiritual breakthrough for the 21st century – spontaneous Self Realization through Sahaja Yoga meditation – which opens a new dimension in human awareness. Written by Nobel Peace Prize nominee and one of the greatest voices on spirituality, Shri Mataji Nirmala Devi, the book offers stunningly deep insights on the crises of our modern times and the solutions to their root problems.

The Bhagavad-Gītā, with the Commentary of Śrī Śaṅkarācārya - Śaṅkarācārya 1901

An excellent translation with an exhaustive commentary by a sage of the 9th century.

The Renaissance in India - Aurobindo Ghose 1920

City of Mirrors - Lālana Śāha 2017
Carol Salomon dedicated over thirty years of her life to researching, translating, and annotating this compilation of songs by the Bengali poet and mystical philosopher Lalan Sai (popularly transliterated as Lalon) who lived in the village of Cheuriya in Bengal in the latter half of the nineteenth century. One major objective of his lyrical riddles was to challenge the restrictions of cultural, political, and sexual identity, and his songs accordingly express a longing to understand humanity, its duties, and its ultimate destiny. His songs also contain thinly veiled references to esoteric yogic practices (sadhana),

including body-centered Hathayogic techniques that are related to those found in Buddhist, Kaula, Natha, and Sufi medieval tantric literature. Dr. Salomon's translation of the work is the first dedicated English translation of Lalan's songs to closely follow the Bangla text, with all of its dialectical variations, and is here produced alongside the original text. Although her untimely death left her work unpublished, the editors have worked diligently to reconstruct her translations from her surviving printed and handwritten manuscripts. The result is a finished product that can finally share her groundbreaking scholarship on Baul traditions with the world.

My Transportation For Life - Veer Savarkar 2021-01-19

The story is told. The curtain has

been brought down on it. Two life-sentences have been run. And I have brought together my recollections of them within the cover of this book. They are narrated in brief and put together within the narrowest. When I came into this world, God sent me here possibly on a sort of life-sentence. It was the span of life allotted to me by time to stay in this 'prison-house of life'. This story is but a chapter of that book of life, which is a longer story not yet ended. You can finish reading the book in a day, while I had to live it for 14 long years of transportation. And if the story is so tiresome, unendurable and disgusting to you, how much must have been the living of it for me! Every moment of those 14 years in that jail has been an agony of the soul and the body to me, and

to my fellow convicts in that jail. It was not only fatiguing, unbearable and futile to us all, it was equally or more excruciating to them as to me. And it is only that you may know it and feel the fatigue, the disgust and the pain of it as we have felt it, that I have chosen to write it for you. —Excerpts from this book
This is the story of Swatantrayaveer Vinayak Damodar Savarkar—a great revolutionary, politician, poet and seer who tried to free India from the British yoke! British policy was to torture and persecute the political prisoners/revolutionaries so that they would reveal the names of all their colleagues or go mad or commit suicide. My Transportation for Life is a firsthand story of the sufferings and humiliation of an inmate of the infamous Cellular Jail

of Andamans, the legendary Kala Paani. The physical tortures inside the high walls were made all the more insufferable by the sickening attitude of the men who mattered—the native leaders back home. This is a running commentary on the prevalent political conditions in India and a treatise for students of revolution. It is a burning story of all Tapasvis who were transported to Andaman.

All about Hinduism - Swami Sivananda 1977

The Mystics, Ascetics, and Saints of India - John Campbell Oman 1903

Introducing Anthropology of Religion - Jack David Eller 2007-08-07

This lively and readable survey introduces students to key areas of the field and shows how to apply an

anthropological approach to the study of contemporary world religions. Written by an experienced teacher, it covers all of the traditional topics of anthropology of religion, including definitions and theories, beliefs, symbols and language, and ritual and myth, and combines analytic and conceptual discussion with up-to-date ethnography and theory. Eller includes copious examples from religions around the world – both familiar and unfamiliar – and two mini-case studies in each chapter. He also explores classic and contemporary anthropological contributions to important but often overlooked issues such as violence and fundamentalism, morality, secularization, religion in America, and new religious movements. Introducing Anthropology of Religion

demonstrates that anthropology is both relevant and essential for understanding the world we inhabit today.

World Christianity and Global

Conquest - David Lindenfeld

2021-05-20

Explores the global expansion of Christianity since 1500 from the perspectives of the indigenous people who were affected by it.

Hatha Yoga Pradipika - Svâtmârâma

2022

The Secret of The Veda - Sri

Aurobindo 2016-04-11

"The Secret of The Veda" by Sri Aurobindo. This book is collection of Sri Aurobindo's various writings on the Veda and his translations of some of the hymns, originally published in the monthly review 'Arya' between

August 1914 and 1920. This book contains few scripts in Sanskrit language. If you are unable to read Sanskrit script don't worry all scripts are translated in English and with proper Sanskrit pronunciation in Roman character.

Encyclopaedia of Traditional Asanas - Vijay Kant Jha 2006

Approximately 900 titles of Asanas, a good number of which are so far unheated of 1100 techniques and illustrations of asanas. 200 authoritative and valid source most of which are unpublished Manuscript. Thousand of references. Hundred of crossreference to ascertain validity, to check comparison and distinction, to established of relationship, for grouping and classifications and also to find out synonyms. 100 application of Padmasana . 60 Application of

Shirshasan (inversion). An exhaustive Introduction. An Appendix of various illustration from different cultures adding additional information, charm and colorfulness of the ancient traditon.

Sathya Sai Vahini - Bhagawan Sri Sathya Sai Baba 2014-07-09

Bhagawan has announced Himself as the Divine Teacher of Truth, Beauty, and Goodness. By precept and example, through His writings and discourses, letters and conversations, He has been instilling the supreme wisdom and instructing all mankind to translate it into righteous living, inner peace, and universal love. When the Ramakatha Rasavahini, the uniquely authentic, nectarine stream of the Rama's story, was serialised in full in the Sanathana Sarathi, Bhagawan blessed readers with a new

series, which He named Bharatiya Paramartha Vahini (The Stream of Indian Spiritual Values). While these precious essays, on the basic truths that foster and feed Indian culture since ages before history began, were being published, Bhagawan decided to continue the flow of illumination and instruction under a more comprehensive and meaningful name, Sathya Sai Vahini - the Ganga from the Lotus Feet of the Lord - "The Flow of Divine Sai Grace". This book, therefore, contains the two Vahinis that have merged in one master stream. Inaugurating these series, Bhagawan wrote for publication in the Sanathana Sarathi, "Moved by the urge to cool the heat of conflict and to quench the agonising thirst for 'knowledge about yourself' that you are afflicted with, see, here it

comes, the Sathya Sai Vahini, wave behind wave, with the Sanathana Sarathi as the medium between you and Me." With infinite compassion, this Sathya Sai incarnation of the Omniwill is giving millions of persons in all lands freedom from disease, distress, and despair, narcotics, narcissism, and nihilism. He is encouraging those, who suffer gloom through wilful blindness, to light the Lamp of Love in order to see the world and the Lamp of Wisdom to see themselves. "This is a tantalising, true-false world. Its apparent diversity is an illusion. It is One, but is cognised by the maimed, multiple vision of humans as Many," says Bhagawan. This book is the twin Lamp He has devised for us.

Wisdom of the Rishis - Sri M.
2021-06-29

Marriage of Hindu Widows -
Īśvaracandra Bidyāsāgara 1864

The Guru Chronicles - 2011
Anyone on the spiritual path knows it's rare that the illumined lives of yogis and gurus are laid before us. We have but a handful: Autobiography of a Yogi; Milarepa: Tibet's Great Yogi; Ramakrishna and His Disciples and a few of others. Now comes an amazing book, The Guru Chronicles, filled with the magical and highly mystical stories of Satguru Sivaya Subramuniaswami, his Sri Lankan guru Siva Yogaswami and five preceding masters, who all held truth in the palm of their hand and inspired slumbering souls to "Know thy Self."

Gurus of Modern Yoga - Mark Singleton
2014
Gurus of Modern Yoga explores the

contributions that individual gurus have made to the formation of the practices and discourses of yoga in today's world.

The Crown of Hinduism - John Nicol Farquhar 1913

The Arya Samaj - Lajpat Rai (Lala) 1915

Holy Himalaya - E. Sherman Oakley 1905

Hatha Yoga Pradipika - Swami Muktibodhananda 1993

Psycho-Social Analysis of the Indian Mindset - Jai B.P. Sinha 2014-10-17

□ This volume situates Indians in the contemporary world and profiles the major facets of their thought and behaviour; then goes back to trace

their roots to ancient thought to see how the past predisposes and the present guides Indians in their everyday life. The volume begins with a conceptual framework showing how the Indian worldview has encompassed and enveloped a variety of ideas and influences from divergent sources. As a result, Indians are both collectivists and individualists, hierarchically oriented while respecting merit and quality, religious as well as secular and sexually indulgent, spiritual as well as materialists, excessively dependent but remarkably entrepreneurial, non-violent in principle but violent in practice and comfortable in shifting between analytical, synthetic as well as intuitive approaches to reality. Such a coexistence of opposites often

causes inaction, hesitation and perfunctory action, but also equips Indians to be innovative by continuously aligning their thought and behaviour to the demands of a milieu. The milieu has an inner layer consisting of desh (place), kaal (time) and paatra (person), which are embedded in the larger societal contexts of castes and classes, poverty, corruption, fragmenting politics, conflicts and violence and unfolding global opportunities and challenges. Cultural heritage permeates in all these. Indians function in this tiered, multifactorial, dynamic space. This volume draws evidence from ancient texts and the latest national and international research, many of which were conducted by the author and his associates. It does not, however,

hesitate to indulge in anecdotal evidence, cases and speculative ideas in order to complete the picture. The author takes an in-depth view of the Indian mindset without getting the reader lost in either the intricacies of ancient philosophical abyss or the trivialities of present-day non-events.

The Origins of Yoga and Tantra -
Geoffrey Samuel 2008-03-27

Yoga, tantra and other forms of Asian meditation are practised in modernized forms throughout the world today, but most introductions to Hinduism or Buddhism tell only part of the story of how they developed. This book is an interpretation of the history of Indic religions up to around 1200 CE, with particular focus on the development of yogic and tantric traditions. It assesses how

much we really know about this period, and asks what sense we can make of the evolution of yogic and tantric practices, which were to become such central and important features of the Indic religious scene. Its originality lies in seeking to understand these traditions in terms of the total social and religious context of South Asian society during this period, including the religious practices of the general population with their close engagement with family, gender, economic life and other pragmatic concerns.

Om Yoga Meditation - Abbot George (Swami Nirmalananda Giri) 2016-03-12
Fifty years ago few people in the West had even heard of meditation, while today the concept of meditation is well known, and meditation methods

are to be found everywhere. With so much information about meditation, how is a sincere seeker to find a meditation method which is both proven and effective? By using a method which has been used successfully through the centuries: Om Yoga Meditation. Om Yoga Meditation: Its Theory and Practice is a thorough guide providing all the information that might be desired for a successful meditation practice, illumining the art and science of effective inner life. Beginning with an in-depth explanation of what yoga is and what its goals are, and continuing with a background on the theory of mantra, Abbot George then shows the value of the unique mantra Om. He shows that Om Meditation is the original yoga, citing the classic scriptures of India and the testimony

of the saints. In this book you will discover the techniques for using Om in meditation, and how to make your meditation the most effective. You will also learn the foundations of the yogic life that will support and nourish your practice, and be given the keys to bless others as well as yourself using Om. "The Holy word, Om, bestows the highest state" (Yoga Vashishtha 5:54) "This is the bridge to immortality. May you be successful in crossing over to the father shore beyond darkness" (Mundaka Upanishad 2.2.5,6).

The Nanny Connie Way - Connie Simpson
2018-04-10

From the beloved nanny to stars like Jessica Biel and Justin Timberlake, Emily Blunt and John Krasinski, and Cash Warren and Jessica Alba comes a loving yet no-nonsense guide to the

first four months of parenthood so you can raise a happy baby—and be happy parents. There is nothing like the overwhelming love of gazing upon your beautiful newborn, but there is really nothing like the overwhelming terror of not being able to comfort that screaming baby. Have no fear! Nanny Connie is here with all the solutions you need for every baby-care dilemma from comforting a colicky infant to trying to breastfeed in public. Her sweet and sassy drawl seeps right out of these pages, reassuring you that everything will be fine, as she guides you with her God-given wisdom, larger-than-life compassion, and three decades worth of experience and patience. Connie, "quite simply one of the greatest humans on this planet" (Emily Blunt) and a mother herself,

comes from many generations of strong women with loads of experience in mothering, midwifery, and Southern values. Broken into three easy-to-follow sections (pre-baby arrangements, that immediate post-birth glow, and the first four months of the rest of your life), The Nanny Connie Way is your go-to, first-time-parent-proof baby manual that will give you not only the guidance you crave, but also the confidence to be the best parent you can be. Connie tackles everything from: - Breastfeeding Do and Don'ts -The Power of the Pacifier -Bath Time With Baby -The Nighttime Sleep Ritual - Managing New Mommy Stress Connie won't just get you through the sleepless nights and the explosive diapers—she's going to make you thrive. *Download The Nanny Connie

Way AR App to experience Nanny Connie in your own home through exclusive videos! (Please note, readers reading on a mobile device may not be able to experience the AR videos.)

Combating Terrorism - Shruti Pandalai 2019

Hinduism at a Glance - Swami Nirvedananda 1957

A Concise History of Modern India - Barbara D. Metcalf 2006-09-28
In a second edition of their successful Concise History of Modern India, Barbara Metcalf and Thomas Metcalf explore India's modern history afresh and update the events of the last decade. These include the takeover of Congress from the seemingly entrenched Hindu nationalist party in 2004, India's

huge advances in technology and the country's new role as a major player in world affairs. From the days of the Mughals, through the British Empire, and into Independence, the country has been transformed by its institutional structures. It is these institutions which have helped bring about the social, cultural and economic changes that have taken place over the last half century and paved the way for the modern success story. Despite these advances, poverty, social inequality and religious division still fester. In response to these dilemmas, the book grapples with questions of caste and religious identity, and the nature of the Indian nation.

Poison Darts - Russ Finley 2004
The first part of the book is a fictional story about a non-profit

organization dedicated to protecting nature preserves around the world; the second part of the book is a collection of essays on the subjects of nature, human nature, evolutionary biology, and biodiversity.

The Wrestler's Body - Joseph S. Alter
1992-08-03

The Wrestler's Body tells the story of a way of life organized in terms of physical self-development. While Indian wrestlers are competitive athletes, they are also moral reformers whose conception of self and society is fundamentally somatic. Using the insights of anthropology, Joseph Alter writes an ethnography of the wrestler's physique that elucidates the somatic structure of the wrestler's identity and ideology. Young men in North India may choose to join an akhara, or gymnasium,

where they subject themselves to a complex program of physical and moral fitness. Alter's first-hand description of each detail of the wrestler's regimen offers a unique perspective on South Asian culture and society. Wrestlers feel that moral reform of Indian national character is essential and advocate their way of life as an ideology of national health. Everyone is called on to become a wrestler and build collective strength through self-discipline.

Mantra Yoga and Primal Sound - David Frawley 2010

Modern science and ancient wisdom traditions agree that the universe is a symphony of vibrational frequencies. In this beautiful, comprehensive, and unique work, Dr. Frawley elaborates the essential

truths about cosmic sound, and how we can employ important mantras for healing, transformation and inner awakening.

Karmayogin - Sri Aurobindo 2016-07-31

This volume consists primarily of articles originally published in the nationalist newspaper Karmayogin between June 1909 and February 1910. It also includes speeches delivered by Sri Aurobindo in 1909. The aim of the newspaper was to encourage a spirit of nationalism, to help India recover her true heritage and remould it for her future. Its view was that the freedom and greatness of India were essential to fulfilling her destiny, to lead the spiritual evolution of humanity.

How to Become a Hindu - Subramuniya (Master.) 2000

"A history-making

manual, interreligious study and names list, with stories by Westerners who entered Hinduism and Hindus who deepened their faith"--Cove

India Unbound - Gurcharan Das

2002-04-09

India today is a vibrant free-market democracy, a nation well on its way to overcoming decades of widespread poverty. The nation's rise is one of the great international stories of the late twentieth century, and in *India Unbound* the acclaimed columnist Gurcharan Das offers a sweeping economic history of India from independence to the new millennium. Das shows how India's policies after 1947 condemned the nation to a hobbled economy until 1991, when the government instituted sweeping reforms that paved the way for extraordinary growth. Das traces

these developments and tells the stories of the major players from Nehru through today. As the former CEO of Proctor & Gamble India, Das offers a unique insider's perspective and he deftly interweaves memoir with history, creating a book that is at once vigorously analytical and vividly written. Impassioned, erudite, and eminently readable, *India Unbound* is a must for anyone interested in the global economy and its future.

Philosophical and Spiritual Perspectives on Decent Work -

International Labour Organization
2004

This volume reflects on the values behind the ILO's Decent Work Agenda and provides a forum for contributors from various humanistic, philosophical, spiritual and

religious traditions to express their views on the significance of work at all levels of society, from the individual person to the global community. Common, universal values are explored, as well as differences, in order to shed more light on the concept of decent work. In all societies, there is an ethical dimension to work, connected to the rights and entitlements of those who perform it. This also includes spiritual value such as dignity, personal identity, a sense of purpose in life, the "divine call to work" and so on. In this book, contributors - from the Jewish, Christian, Muslim, Hindu, Buddhist, Confucian, and various secular traditions - come together to exchange comments and reflections on the "floor" of decency as defined by the ILO: freedom of

association, eradication of forced and compulsory labour, abolition of child labour and elimination of discrimination in respect of employment and occupation. It is hoped that this type of approach will be inspiring. Before embarking on major international strategic papers, legal instruments and public policies, the systematic consultation of an interfaith and humanistic forum would enable cultural and religious views to be taken into consideration. In this way such instruments would be anchored in shared values and not influenced by any one dominant conception of human existence in the world.

Indian Navy Agniveer Matric Recruit (MR) | Agnipath Scheme - MR Male/Female 01/2022 (English Edition) | 10 Full-Length Mock Tests + 6

Sectional Tests - EduGorilla Prep Experts 2022-08-01

- Best Selling Book in English Edition for Indian Navy Agniveer Matric Recruit (MR) 2022 with objective-type questions as per the latest syllabus given by the Indian Navy.
- Compare your performance with other students using Smart Answer Sheets in EduGorilla's Indian Navy Agniveer Matric Recruit (MR) 2022 Practice Kit.
- Indian Navy Agniveer Matric Recruit (MR) 2022 Preparation Kit comes with 16 Tests (10 Full-Length Mock Tests + 6 Sectional Tests) with the best quality content.
- Increase your chances of selection by 16X.
- Indian Navy Agniveer Matric Recruit (MR) 2022 Prep Kit comes with well-structured and 100% detailed solutions for all the questions.
- Clear exam with good grades using

thoroughly Researched Content by experts.

Orientalism and Religion - Richard King 2013-04-03

Orientalism and Religion offers us a timely discussion of the implications of contemporary post-colonial theory for the study of religion. Richard King examines the way in which notions such as mysticism, religion, Hinduism and Buddhism are taken for granted. He shows us how religion needs to be reinterpreted along the lines of cultural studies. Drawing on a variety of post-structuralist and post-colonial thinkers, such as Foucault, Gadamer, Said, and Spivak, King provides us with a challenging series of reflections on the nature of Religious Studies and Indology.

Religious Thought and Life in India - Sir Monier Monier-Williams 1883

Decolonizing Anarchism - Maia Ramnath
2012-01-01

Decolonizing Anarchism examines the history of South Asian struggles against colonialism and neocolonialism, highlighting lesser-known dissidents as well as iconic figures. What emerges is an alternate narrative of decolonization, in which liberation is not defined by the achievement of a nation-state. Author Maia Ramnath suggests that the anarchist vision of an alternate society closely echoes the concept of total decolonization on the political, economic, social, cultural, and psychological planes. Decolonizing Anarchism facilitates more than a reinterpretation of the history of anticolonialism; it also supplies insight into the meaning of anarchism itself. Praise for

Decolonizing Anarchism: “Maia Ramnath offers a refreshingly different perspective on anticolonial movements in India, not only by focusing on little-remembered anarchist exiles such as Har Dayal, Mukerji and Acharya but more important, highlighting the persistent trend that sought to strengthen autonomous local communities against the modern nation-state. A superbly original book.”—Partha Chatterjee, author of Lineages of Political Society: Studies in Post-colonial Democracy “[Ramnath] audaciously reframes the dominant narrative of Indian radicalism by detailing its explosive and ongoing symbiosis with decolonial anarchism.”—Dylan Rodríguez, author of Suspended Apocalypse: White Supremacy, Genocide, and the Filipino Condition