

Marry Him The Case For Settling Mr Good Enough Lori Gottlieb

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Why Men Marry Some Women and Not Others - John T. Molloy 2008-12-14

A groundbreaking book--based on years of the same thorough research that made the "Dress For Success" books national bestsellers--about how women can statistically improve their chances of getting married.

Surviving Home - A. American 2016-04-05

Book 2 of The Survivalist Series No electricity. No running water. No food. No end in sight. If life as you knew it changed in an instant, would you be prepared? In A. American's first novel, *Going Home*, readers were introduced to Morgan Carter, the resourceful, tough-as-nails survivalist who embarks on a treacherous 250-mile journey across Florida following the collapse of the nation's power grid. Now reunited with his loving wife and daughters in this follow-up to *Going Home*, Morgan knows that their happiness is fleeting, as the worst is yet to come. Though for years Morgan has been diligently preparing for emergency situations, many of his neighbors are completely unready for life in this strange new world--and they're starting to get restless. With the help of his closest companions, Morgan fights to keep his home secure--only to discover shocking information about the state of the nation in the process. Fans of James Wesley Rawles, William R. Forstchen's *One Second After*, and *The End* by G. Michael Hopf will revel in A. American's apocalyptic tale.

And Baby Makes Three - John Gottman, PhD 2008-01-22

Congratulations! You have a new baby. Don't forget you also have a marriage. Having a baby is a joyous experience, but even the best relationships are strained during the transition from duo to trio. In *And Baby Makes Three*, Love Lab™ experts John Gottman and Julie Schwartz Gottman teach couples the skills needed to maintain healthy marriages, so partners can avoid the pitfalls of parenthood by:

- Focusing on intimacy and romance
- Replacing an atmosphere of criticism and irritability with one of appreciation
- Preventing postpartum depression
- Creating a home environment that nurtures physical, emotional, and mental health, as well as cognitive and behavioral development for your baby

Complete with exercises that separate the "master" from the "disaster" couples, *And Baby Makes Three* helps new parents positively manage the strain that comes along with their bundle of joy.

The Meaning of Wife - Anne Kingston 2006-03-21

"One part *The Beauty Myth* . . . and one part *Backlash*"*-a provocative exploration of who and what a wife really is. There is a wife crisis in North America, a brewing storm of conflicting forces swirling around what it means to be a wife at the beginning of the 21st Century. The word is so fraught with ambiguity that it has become a litmus test, eliciting from women emotions ranging from longing to antipathy, anxiety to derision. This crisis is at the heart of Anne Kingston's *The Meaning of Wife*. Delving into the complex, troubling, and sometimes humorous contradictions, illusions, and realities of contemporary wifehood, Kingston takes the reader on a fascinating journey into the wedding industrial complex, which elevates the bride to a potent consumer icon; through the recent romanticization of domesticity; and

across the conflicted terrain of wifely sexuality. She looks at "wife backlash," and the new wave of neo-traditionalism that urges women to marry before their "best-before" dates expire; explores the apotheosis of abused wives and the strange celebration of wives who kill; and muses on the fact that Oprah Winfrey and Martha Stewart, two of the world's wealthiest and most influential women, are both non-wives whose success has hinged on their understanding of wives. The result is an entertaining mix of social, sexual, historical, and economic commentary that is bound to stir debate even as it reframes our view of both women and marriage.

Mr Good Enough: The case for choosing a Real Man over holding out for Mr Perfect - Lori Gottlieb 2011-07-28

Lori Gottlieb suggests the unthinkable: what if she, and single women everywhere, need to stop chasing the elusive Mr Perfect and instead opt for Mr Good Enough?

I Love You, Nice to Meet You - Lori Gottlieb 2007-06-12

In this razor-sharp look at the mating rituals of the dating species, Gottlieb and Bleyer explore and deconstruct every key moment of a relationship.

Inside The Cult Of Kibu - Lori Gottlieb 2002-08-28

Yes, it really happened. Thousands of bright and creative people were lured by the promise of incredible freedom - and even more incredible wealth - into an alternative universe of all hands pep rallies, afternoon sushi runs, and football tournaments cum strategy sessions. From the open-floor offices (complete with scooter stations) to the mysterious lairs of the all-powerful venture capitalists to the lavish launch parties, *Inside the Cult of Kibu* offers a backstage pass to America's capitalist culture at its wackiest.

Marry Him and Be Submissive - Costanza Miriano 2016-08-24

In *Marry Him and Be Submissive*, Costanza Miriano dishes on all the hurdles and difficulties that real women face in dating, marriage, and motherhood.

Stick Figure - Lori Gottlieb 2000

From the diaries she kept as an 11-year-old, the author's wry, perceptive account of her near-fatal struggle with anorexia nervosa is told with an unguarded openness not seen since Susanna Kaysen's *Girl Interrupted*. *Stick Figure* has been option for film by Martin Scorsese's De Fina/Cappa Productions.

The Curious History of Dating - Nichi Hodgson 2017-01-26

A LIGHT-HEARTED, INTIMATE AND EMPHATICALLY FEMINIST HISTORY OF DATING 'A new approach to romance . . . The heroines of Regency novels could teach today's young women a trick or two' Sunday Times 'Entertaining and well-researched' The Lady 'Pacey, intelligent and authoritative with bags of wit' Law Gazette 'A whistle-stop tour of dating through history' History Extra What if Mr Darcy had simply been able to swipe right? Dating has never been easy. The road to true love has always been rutted with heartbreak, but do we have it any easier today? How did Victorians 'come out'? How did love blossom in war-torn Europe? And why did 80s' video-dating never take off? Bursting with little-known facts and tantalising tales of lovelorn men and besotted women, Nichi Hodgson's intriguing history of amorous relationships, from enamoured Georgians to frenziedly

swiping millennials (and everyone in between) may leave you grateful that you live - and love - today.

Motherhood, Rescheduled - Sarah Elizabeth Richards 2013-05-07

A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

Singled Out - Christine Colón 2009-06

This balanced and encouraging book shows how the adult single can embrace and maintain chastity as an important contribution to the church's witness and mission.

Maybe You Should Talk to Someone: The Workbook - Lori Gottlieb 2021-11-09

"Part of getting to know yourself is to unknow yourself - to let go of the limiting stories you've told yourself about who you are so that you can live your life, and not the stories you've been telling yourself about your life." Lori Gottlieb, New York Times bestselling author of Maybe You Should Talk to Someone When Maybe You Should Talk to Someone was released into the world, it became an instant New York Times bestseller and international phenomenon, with readers across the globe finding their truth in the powerful stories Lori Gottlieb shared from inside her therapy room. As millions highlighted and underlined page after page, a movement took shape and they asked for more: Can you take these lessons and create for us a guide as transformative as the book itself? Lori decided to do just that. In this empowering, one-of-a-kind workbook, Lori offers a step-by-step process for becoming the author of your own life by giving it a thorough edit. Using eye-opening concepts, thought-provoking exercises, compelling writing prompts, and real examples from the patients in the original book, Lori has created an easy-to-follow guide through the journey of becoming our own editors, examining aspects of our narratives that hold us back, and discovering the ways in which changing our stories can change our lives. An experience, a meditation, and a practical toolkit combined into one, Maybe You Should Talk to Someone: The Workbook is the companion readers have been asking for: a revolutionary method for understanding which stories to keep and which to revise so that we can create our own personal masterpieces. By the end of this "unknowing," you will be surprised, inspired, and most of all, liberated.

Getting Past Your Breakup - Susan J. Elliott 2009-05-05

It's over--and it really hurts. But as unbelievable as it may seem when you are in the throes of heartache, you can move past your breakup. Forget about trying to win your ex back. Forget about losing yourself and trying to make this person love you. Forget it! Starting today, this breakup is the best time to change your life for the better, inside and out. Getting Past Your Breakup is a proven roadmap for overcoming the painful end of any romantic relationship, even divorce. Through her workshops and popular blog, Susan Elliott has helped thousands of clients and readers transform their love lives. Now, she'll help you put your energy back where it belongs--on you. Her plan includes: The rules of disengagement: how and why to go "no contact" with your ex How to work through grief, move past fear, and take back your life The secret to breaking the pattern of failed relationships What to do when you can't stop thinking about your ex, texting, calling, checking social networking sites, or driving by the house Complete with inspiring stories from real people and strategies to jump-start the moving-on process, Getting Past Your Breakup is the most effective plan for getting permanently past a breakup, getting your confidence back, and opening yourself to true love.

Creating a Life - Sylvia Ann Hewlett 2002-04-10

40% of women earning \$50,000 or more a year are childless at age 45--and these women have not chosen to be childless. A highly controversial book about American women & the bitter paradoxes of success. Data is based on a nationwide survey conducted specifically for the

book.

I Only Want to Get Married Once - Chana Levitan 2013-06-11

There is no rule that says heartbreak must be a prerequisite for good judgment. If you don't want to be a divorce statistic and are ready for a long-lasting relationship, this book's for you. In today's divorce culture, too many people have stopped trusting their ability to build a loving and lasting marriage. Now renowned relationship coach and counselor Chana Levitan reveals the 10 essential questions everyone should ask before saying "I do." Readers will learn how to: spot long-term potential; know the difference between infatuation and love-how they work against each other and yet how they can work together; reevaluate their approach to love and what they really need to succeed in building a loving marriage; gain the confidence to steer through the decision making process of dating; and more. Filled with real-life anecdotes and insightful advice, I ONLY WANT TO GET MARRIED ONCE helps readers get it right the first time.

How Can I Get Through to You? - Terrence Real 2010-05-11

"What happened to the passion we started with? Why aren't we as close as we used to be?" **PROBLEM:** If you are a woman who is unfulfilled in your marriage...if you feel unheard or overburdened...if you quietly live in a state of slow-burn resentment... **PROBLEM:** If you are a man unhappy that your partner seems so unhappy with you...if you feel bewildered, unappreciated, or betrayed... This book offers a solution Bestselling author and nationally renowned therapist Terrence Real unearths the causes of communication blocks between men and women in this groundbreaking work. Relationships are in trouble; the demand for intimacy today must be met with new skills, and Real -- drawing on his pioneering work on male depression -- gives both men and women those skills, empowering women and connecting men, radically reversing the attitudes and emotional stumbling blocks of the patriarchal culture in which we were raised. Filled with powerful stories of the couples Real treats, no other relationship book is as straight talking or compelling in its innovative approach to healing wounds and reconnecting partners with a new strength and understanding.

Should You Marry Him? - Abby Rodman 2013-08-19

Ever wonder why nearly fifty percent of women marry the wrong guy and then divorce him? Or if your Mr. Right may be, well, your Mr. Maybe? A quick, feisty read, Should You Marry Him? A No-Nonsense, Therapist-Tested* Guide to Not Screwing Up the Biggest Decision of Your Life, gives you the skinny on the ten most common red flags women overlook before tying the knot. Written by a licensed psychotherapist who has worked with hundreds of married and divorcing couples, Should You Marry Him? packs the perfectly blended punch of professional advice and straightforward girl-talk. Unlike other self-help books of this genre, Should You Marry Him? A No-Nonsense, Therapist-Tested* Guide to Not Screwing Up the Biggest Decision of Your Life cuts through the characteristic psychobabble and gives you what you really need: practical advice you can act on. Few women have the time or inclination to slog through 300 pages or 1001 reasons. Should You Marry Him? is written for every busy woman who needs answers now. Using real-life examples from the author's psychotherapy practice and personal insights from her own experience, Should You Marry Him? will resonate with every woman who has ever wondered just what makes successful marriages successful. Why do some women just seem to pick the perfect guy? It's not complicated, yet so many get it wrong! Whether you're on the verge of marrying or if it's just ultimately in your life's grand plan, Should You Marry Him? will change the way you look at choosing your forever mate. Love is grand - and great sex is great - but they're just not enough for the long haul. Don't screw up the biggest

decision of your life. Read *Should You Marry Him?* now or...forever hold your peace!

Loving Your Spouse When You Feel Like Walking Away - Gary Chapman 2018-03-06

What to do when you feel like giving up When you said, "I do," you entered marriage with high hopes, dreaming it would be supremely happy. You never intended it to be miserable. Millions of couples are struggling in desperate marriages. But the story doesn't have to end there. Dr. Gary Chapman writes, "I believe that in every troubled marriage, one or both partners can take positive steps that have the potential for changing the emotional climate in their marriage." *Loving Your Spouse When You Feel Like Walking Away*, the revised and updated edition of the award-winning *Desperate Marriages*, teaches you how to: Recognize and reject the myths that hold you captive Better understand your spouse's behavior Take responsibility for your own thoughts, feelings, and actions Make choices that can have a lasting, positive impact on you and your spouse An experienced marriage and family counselor, Gary Chapman speaks to those whose spouse is any of the following: Irresponsible A workaholic Controlling Uncommunicative Verbally abusive Physically abusive Sexually abusive Unfaithful Addicted to alcohol or drugs Depressed Marriage has the same potential to be miserable as it does to be blissful. Read *Loving Your Spouse When You Feel Like Walking Away* to learn how you can turn things around.

Marry Him - Lori Gottlieb 2011-01-31

Wonder why you're still single? Had you imagined you'd be settled down with the perfect man and family by now? Afraid time is running out? You might want to listen to what Lori Gottlieb has to say. When Lori found herself forty and still single, she came to an uncomfortable realisation. If so many of her friends were very happily married to 'good enough' guys, the type of men who might not make you weak in the knees but made great partners and fathers, maybe she had been looking for the wrong man. Could her Mr Right have been, well, right in front of her all along? Funny, confronting and very very real, *Marry Him* is Lori Gottlieb's account of her search for a partner and the adjustments she had to make to her own expectations in order to find happiness.

The Deaths of Sybil Bolton - Dennis McAuliffe Jr. 2020-11-03

Dennis McAuliffe Jr., a journalist, grew up believing that his Osage Indian grandmother, Sybil Bolton, had died an early death in 1925 from kidney disease. But sixty-six years later, he learns by chance that the cause was a gunshot wound. Investigating the circumstances, he soon finds himself peeling away the layers of a suppressed nightmare chapter of American history: the unspeakable brutality of the "Osage Reign of Terror." He learns that Sybil was the victim not of random violence but of a systematic killing spree in the 1920s, carried out by white residents of Oklahoma against the oil-rich Osage Nation. White men descended upon the reservation, courting, marrying—and murdering—Osage women to gain control over their money. McAuliffe is forced to suspect that his own grandfather engineered Sybil's murder. The book uncovers the full extent of the crimes committed against the Osages: how white lawyers appointed by Congress to protect the Osages systematically swindled the tribe; how a ring of prominent and envious whites poisoned or shot possibly hundreds of Osages to seize their oil wealth—and then papered over the Reign of Terror with doctored death certificates; and how solving the mystery of his grandmother's death led McAuliffe to confront the mysteries of his own life. Part murder mystery, part family memoir, part spiritual journey, *The Deaths of Sybil Bolton* reintroduces us to a people whose story has been literally torn from the volumes of our nation's history.

Mr. Unavailable and the Fallback Girl - Natalie Lue 2011
Are you the Fallback Girl? If you've ever found yourself in a relationship that feels and seemingly looks like one but you're struggling with commitment or you've been in the ambiguous territory of a 'casual relationship', you've likely tried to change them, wondered what you 'did' to cause this, what you can do to win their love and commitment, or even whether you're going crazy. *Mr Unavailable and the Fallback Girl* is the definitive guide to understanding the relationship between emotionally unavailable men and the women that love them. From explaining how and why they blow hot and cold, to where that future they promised went to, how you've ended up being a booty call, why you've been together for a gazillion years but aren't going anywhere, and more importantly how and why you're involved with them in the first place, all of the answers are here. You know you're dealing with unavailability when you ask stuff like What happened to that 'great guy' from the beginning? Why won't he break up or stay away if he doesn't want to commit? What the hell did I do to make him disappear? Is he going to leave 'her' for me? It's because he's shy/busy/scared of his feelings isn't it? Inspired by the real life adventures in unavailability of Natalie Lue and the readers of her site *BaggageReclaim.com*, *Mr Unavailable and the Fallback Girl* is an empowering, entertaining and inspiring read that will wise you up to pitfalls such as men who aren't over their exes, Future Fakers, guys that have more baggage than a Heathrow terminal and reappearing childhood 'sweethearts'. If you want to understand your own availability, and why commitment in a healthy relationship is eluding you, *Mr Unavailable and the Fallback Girl* is your guide to being available and attracted to healthy, available partners. Note - the book is in British English not US English.

Everybody, Always - Bob Goff 2018-04-17

What if we stopped avoiding the difficult people in our lives and committed to simply loving everybody? What happens when we give away love like we're made of it? In *Everybody, Always*, Bob Goff's joyful New York Times bestselling follow-up to *Love Does*, you'll discover the secret to living without fear, constraint, or worry. Bob teaches us that the path toward the outsized, unfettered, liberated existence we all long for is found in one simple truth: love people, even the difficult ones, without distinction and without limits. In *Everybody, Always*, Bob shows us the simple truths about life that have the power to shift our mindset forever: Jesus uses our blind spots to reveal himself to us It's easy to love kind, lovely, humble people, but you have to tackle fear in order to love people who are difficult What we do with our love will become the conversations we have with God Dark and scary places are filled with beautiful people who need our unconditional love Extravagant love has extraordinary power to change lives, including our own Driven by Bob's trademark storytelling, this book reveals the wisdom Bob learned--often the hard way--about what it means to love without inhibition, insecurity, or restriction. From finding the right friends to discovering the upside of failure, *Everybody, Always* points the way to embodying love by doing the unexpected, the intimidating, the seemingly impossible. Whether losing his shoes while skydiving solo or befriending a Ugandan witch doctor, Bob steps into life with a no-limits embrace of others that is as infectious as it is extraordinarily ordinary. *Everybody, Always* reveals how we can do the same.

The Unspeakable - Meghan Daum 2014-11-18

"Daum is her generation's Joan Didion." –Nylon Nearly fifteen years after her debut collection, *My Misspent Youth*, captured the ambitions and anxieties of a generation, Meghan Daum returns to the personal essay with *The Unspeakable*, a masterful collection of ten new works. Her old encounters with overdrawn bank accounts

and oversized ambitions in the big city have given way to a new set of challenges. The first essay, "Matricide," opens without flinching: People who weren't there like to say that my mother died at home surrounded by loving family. This is technically true, though it was just my brother and me and he was looking at Facebook and I was reading a profile of Hillary Clinton in the December 2009 issue of Vogue. Elsewhere, she carefully weighs the decision to have children—"I simply felt no calling to be a parent. As a role, as my role, it felt inauthentic and inorganic"—and finds a more fulfilling path as a court-appointed advocate for foster children. In other essays, she skewers the marriage-industrial complex and recounts a harrowing near-death experience following a sudden illness. Throughout, Daum pushes back against the false sentimentality and shrink-wrapped platitudes that surround so much of contemporary American experience and considers the unspeakable thoughts many of us harbor—that we might not love our parents enough, that "life's pleasures" sometimes feel more like chores, that life's ultimate lesson may be that we often learn nothing. But Daum also operates in a comic register. With perfect precision, she reveals the absurdities of the New Age search for the "Best Possible Experience," champions the merits of cream-of-mushroom-soup casserole, and gleefully recounts a quintessential "only-in-L.A." story of playing charades at a famous person's home. Combining the piercing insight of Joan Didion with humor reminiscent of Nora Ephron's, Daum dissects our culture's most dangerous illusions, blind spots, and sentimentalities while retaining her own joy and compassion. Through it all, she dramatizes the search for an authentic self in a world where achieving an identity is never simple and never complete.

The Paradox of Choice - Barry Schwartz 2009-10-13

Whether we're buying a pair of jeans, ordering a cup of coffee, selecting a long-distance carrier, applying to college, choosing a doctor, or setting up a 401(k), everyday decisions—both big and small—have become increasingly complex due to the overwhelming abundance of choice with which we are presented. As Americans, we assume that more choice means better options and greater satisfaction. But beware of excessive choice: choice overload can make you question the decisions you make before you even make them, it can set you up for unrealistically high expectations, and it can make you blame yourself for any and all failures. In the long run, this can lead to decision-making paralysis, anxiety, and perpetual stress. And, in a culture that tells us that there is no excuse for falling short of perfection when your options are limitless, too much choice can lead to clinical depression. In *The Paradox of Choice*, Barry Schwartz explains at what point choice—the hallmark of individual freedom and self-determination that we so cherish—becomes detrimental to our psychological and emotional well-being. In accessible, engaging, and anecdotal prose, Schwartz shows how the dramatic explosion in choice—from the mundane to the profound challenges of balancing career, family, and individual needs—has paradoxically become a problem instead of a solution. Schwartz also shows how our obsession with choice encourages us to seek that which makes us feel worse. By synthesizing current research in the social sciences, Schwartz makes the counter-intuitive case that eliminating choices can greatly reduce the stress, anxiety, and busyness of our lives. He offers eleven practical steps on how to limit choices to a manageable number, have the discipline to focus on those that are important and ignore the rest, and ultimately derive greater satisfaction from the choices you have to make.

How to Not Die Alone - Logan Ury 2021-02-02

A "must-read" (The Washington Post) funny and practical guide to help you find, build, and keep the relationship of your dreams. Have you ever looked around and

wondered, "Why has everyone found love except me?" You're not the only one. Great relationships don't just appear in our lives—they're the culmination of a series of decisions, including whom to date, how to end it with the wrong person, and when to commit to the right one. But our brains often get in the way. We make poor decisions, which thwart us on our quest to find lasting love. Drawing from years of research, behavioral scientist turned dating coach Logan Ury reveals the hidden forces that cause those mistakes. But awareness on its own doesn't lead to results. You have to actually change your behavior. Ury shows you how. This "simple-to-use guide" (Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone*) focuses on a different decision in each chapter, incorporating insights from behavioral science, original research, and real-life stories. You'll learn: -What's holding you back in dating (and how to break the pattern) -What really matters in a long-term partner (and what really doesn't) -How to overcome the perils of online dating (and make the apps work for you) -How to meet more people in real life (while doing activities you love) -How to make dates fun again (so they stop feeling like job interviews) -Why "the spark" is a myth (but you'll find love anyway) This "data-driven" (Time), step-by-step guide to relationships, complete with hands-on exercises, is designed to transform your life. *How to Not Die Alone* will help you find, build, and keep the relationship of your dreams.

Three Women - Lisa Taddeo 2019-07-09

#1 NEW YORK TIMES BESTSELLER * #1 SUNDAY TIMES BESTSELLER * #1 INDIE NEXT PICK A Best Book of the Year: The Washington Post * NPR * The Atlantic * New York Public Library * Vanity Fair * PBS * Time * Economist * Entertainment Weekly * Financial Times * Shelf Awareness * Guardian * Sunday Times * BBC * Esquire * Good Housekeeping * Elle * Real Simple "THIS IS THE BEST BOOK OF THE YEAR. This is it. This is the one...It blew the top of my head off and I haven't been able to stop thinking or talking about it since." —Elizabeth Gilbert "Taddeo spent eight years reporting this groundbreaking book...Breathtaking...Staggeringly intimate." —Entertainment Weekly "A breathtaking and important book...What a fine thing it is to be enthralled by another writer's sentences. To be stunned by her intellect and heart." —Cheryl Strayed A riveting true story about the sex lives of three real American women, based on nearly a decade of reporting. Hailed as "a dazzling achievement" (Los Angeles Times) and "riveting page-turner that explores desire, heartbreak, and infatuation in all its messy, complicated nuance" (The Washington Post), Lisa Taddeo's *Three Women* has captivated readers, booksellers, and critics—and topped bestseller lists—worldwide. In suburban Indiana we meet Lina, a homemaker and mother of two whose marriage, after a decade, has lost its passion. Starved for affection, Lina battles daily panic attacks and, after reconnecting with an old flame through social media, embarks on an affair that quickly becomes all-consuming. In North Dakota we meet Maggie, a seventeen-year-old high school student who allegedly has a clandestine physical relationship with her handsome, married English teacher; the ensuing criminal trial will turn their quiet community upside down. Finally, in an exclusive enclave of the Northeast, we meet Sloane—a gorgeous, successful, and refined restaurant owner—who is happily married to a man who likes to watch her have sex with other men and women. Based on years of immersive reporting and told with astonishing frankness and immediacy, *Three Women* is both a feat of journalism and a triumph of storytelling, brimming with nuance and empathy. "A work of deep observation, long conversations, and a kind of journalistic alchemy" (Kate Tuttle, NPR), *Three Women* introduces us to three unforgettable women—and one remarkable writer—whose experiences remind us that we

are not alone.

Sex and the Single Girl - Helen Gurley Brown 2012-07-10
The 1962 blockbuster that took on "one of the most absurd (if universal) myths of our time: that every girl must be married" (The New York Times). Helen Gurley Brown, the iconic editor in chief of Cosmopolitan for thirty-two years, is considered one of the most influential figures of Second Wave feminism. Her first book sold millions of copies, became a cultural phenomenon, and ushered in a whole new way of thinking about work, men, and life. Feisty, fun, and totally frank, *Sex and the Single Girl* offers advice to unmarried women that is as relevant today as it was when it burst onto the scene in the 1960s. This spirited manifesto puts women—and what they want—first. It captures the exuberance, optimism, and independence that have influenced the lives of so many contemporary American women.

Lactivism - Courtney Jung 2015-11-24
"Breastfeeding has become a moral imperative in 21st century America. Once upon a time, this moral imperative made sense. Breastfeeding was believed to bring multiple health benefits, including increased resistance to many chronic and even fatal diseases, protection against Sudden Infant Death Syndrome (SIDS), improved intelligence, and countless immunities. The irony now, however, is that breastfeeding continues to gain moral force just as scientists are showing that its benefits have been greatly exaggerated. In 2012, the American Academy of Pediatrics and the Center for Disease Control and Prevention declared the failure to breastfeed "a public health issue," thus placing bottle-feeding on par with smoking, obesity, and unsafe sex. Recently, politicians too have launched highly visible breastfeeding initiatives, such as former New York Mayor Michael Bloomberg's well-publicized Latch On campaign. And, meanwhile, women who don't breastfeed their babies have found themselves with a lot of explaining to do. Physicians, public health officials, and other mothers are pressuring them to breastfeed even though the best science shows that the advantages of doing so are minimal at best. What is going on? In *Lactivism*, Courtney Jung offers the most deeply researched and far-reaching critique of the breastfeeding imperative to date. Drawing on a wide range of evidence, from rigorously peer-reviewed scientific research to interviews with physicians, politicians, business interests, activists, social workers, and mothers from across the social and political spectrum, Jung presents an eye-opening account of how a practice that began as an alternative to Big Business has become Big Business itself"--

One and Only - Lauren Sandler 2014-06-17
A prominent journalist, only child, and mother of an only child presents a case in support of one-child family life, offering perspectives on how single-child families can benefit the economy and environment while promoting child and parent autonomy.

Relationship Saboteurs - Randi Gunther 2010-06-03
Do you seek a healthy romantic relationship, but continue to find yourself repeating the same negative behaviors that may have ended your relationships in the past? Have you already identified destructive patterns, yet continue to repeat them despite your desire for a strong and lasting romantic relationship? If so, you are not alone. *Relationship Saboteurs* is an easy-to-follow guide that will help you identify and end your relationship-destroying tendencies once and for all. The book explores the ten most common relationship-undermining behaviors and shows you how to overcome them. By understanding and addressing the patterns that erode romance, you can learn to stop sabotaging your love life and prepare yourself for the healthy romantic relationship you deserve. Learn to overcome these toxic emotions and behaviors: •Insecurity•Needing to control

•Fear of intimacy •Needing to win •Pessimism •Needing to be center stage •Addictions •Martyrdom •Defensiveness •Breaking trust

He Comes Next - Ian Kerner 2009-10-13
Transform Yourself from "Passion Victim" to Passionista! In the smash hit *She Comes First*, Ian Kerner singlehandedly waged battle against male sexual "ill-cliteracy," and women everywhere benefited from his "viva la vulva" philosophy of female pleasure. Now, in *Passionista*, it's time to learn all about what turns men on—and makes them stay on. In this point-by-point, "blow-by-blow" guide, Kerner makes giving as much fun as receiving as he covers every angle of male sexuality, unlocks the secrets of satisfaction, and offers knowledgeable answers to the questions every woman wonders about. His advice is the closest you'll ever come to waking up in a guy's skin and knowing what truly makes him sexually tick. Written in the same witty, insightful, and utterly readable voice that has made *She Comes First* and *Be Honest—You're Not That Into Him* either so popular, *Passionista* is the empowered woman's guide to enjoying sex to the fullest—and ensuring that he does the same.

Marry Him - Lori Gottlieb 2010-02-04
An eye-opening, funny, painful, and always truthful in-depth examination of modern relationships and a wake-up call for single women about getting real about Mr. Right. You have a fulfilling job, great friends, and the perfect apartment. So what if you haven't found "The One" just yet. He'll come along someday, right? But what if he doesn't? Or what if Mr. Right had been, well, Mr. Right in Front of You—but you passed him by? Nearing forty and still single, journalist Lori Gottlieb started to wonder: What makes for lasting romantic fulfillment, and are we looking for those qualities when we're dating? Are we too picky about trivial things that don't matter, and not picky enough about the often overlooked things that do? In *Marry Him*, Gottlieb explores an all-too-common dilemma—how to reconcile the desire for a happy marriage with a list of must-haves and deal-breakers so long and complicated that many great guys get misguidedly eliminated. On a quest to find the answer, Gottlieb sets out on her own journey in search of love, discovering wisdom and surprising insights from sociologists and neurobiologists, marital researchers and behavioral economists—as well as single and married men and women of all generations.

Marry Him - Lori Gottlieb 2010
Wonder why you're still single? Had you imagined you'd be settled down with the perfect man and family by now? Afraid time is running out? You might want to listen to what Lori Gottlieb has to say. When Lori found herself forty and still single, she came to an uncomfortable realisation. If so many of her friends were very happily married to 'good enough' guys, the type of men who might not make you weak in the knees but made great partners and fathers, maybe she had been looking for the wrong man. Could her Mr Right have been, well, right in front of her all along? Funny, confronting and very very real, *Marry Him* is Lori Gottlieb's account of her search for a partner and the adjustments she had to make to her own expectations in order to find happiness.

Choosing Single Motherhood - Mikki Morrissette 2008
Provides information and advice for women choosing to become single mothers, and includes interviews with family therapists and single mothers on the topic.

Advice to Single Women - Haydn Brown 2015
"First published in 1899 by James Bowden"--Title page verso.

Maybe You Should Talk to Someone - Lori Gottlieb 2019
"From a New York Times best-selling writer, psychotherapist, and advice columnist, a brilliant and surprising new book that takes us behind the scenes of a therapist's world--where her patients are in crisis (and so is she)"--

He's Just Not Your Type (And That's A Good Thing) - Andrea Syrtash 2010-04-27

In *He's Just Not Your Type (And That's a Good Thing)*, a relationship expert and dating columnist shares her counterintuitive approach to lasting love: encouraging women to date their "non-types." After years of dating, many women fall into a relationship rut. As serial daters, they are attracted to the same type of man time and again. Clearly, something's not working. But the problem is not that he's just not that into them—the reality is, he's just not their type. Relationship expert and life coach Andrea Syrtash hears the disbelief in her clients' voices when they admit that their "Mr. Right" relationship has again gone wrong. In *He's Just Not Your Type*, Syrtash challenges readers to date outside their comfort zones and poses hard-hitting questions: What if the kind of man they think will make them happy never will? What would happen if they dated someone they'd never considered dating? In each chapter, Syrtash shares stories of women who have found lasting happiness with their non-types (NTs) and provides exercises designed to help readers assess their big-picture goals and core values. In doing so, she shows women how to make better choices in dating so they are more likely to find true love.

Love in 90 Days - Diana Kirschner 2019-01-15

Relationship expert and bestselling author Dr. Diana Kirschner uses the latest research and clinical experience to teach you how to find Love in 90 Days. Bestseller *Love in 90 Days* is even better in this expanded, updated version. It's fun, savvy and based on the latest research as well as renowned psychologist Dr. Diana's experience coaching tens of thousands of single women all over the world through her coaching team. Loaded with easy step-by-step instructions and assignments, this revolutionary love book has been called the dating coach's secret weapon. Most singles unconsciously make the same mistakes over and over again in love, regardless of age, work success, or the type of man they are dating. Using her unique approach, Dr. Diana pulls no punches. She outlines a program that gets

women on the path to smash through their self-sabotage and forge a healthy love relationship. Key chapters cover: 1) Deadly Dating Patterns. Identify and break them! 2) Dating Program of Three. Learn how to meet and attract quality men both on and offline 3) Rapid Healing from Heartbreak. Bounce back better than ever. 4) Irresistible Self-Confidence. (brand new chapter). Eradicate destructive dating beliefs and turbocharge your self-esteem

You're Not Enough (And That's Okay) - Allie Beth Stuckey 2020-08-11

From one of the sharpest Christian voices of her generation and host of the podcast *Relatable* comes a framework for escaping our culture of trendy narcissism—and embracing God instead. We're told that the key to happiness is self-love. Instagram influencers, mommy bloggers, self-help gurus, and even Christian teachers promise that if we learn to love ourselves, we'll be successful, secure, and complete. But the promise doesn't deliver. Instead of feeling fulfilled, our pursuit of self-love traps us in an exhausting cycle: as we strive for self-acceptance, we become addicted to self-improvement. The truth is we can't find satisfaction inside ourselves because we are the problem. We struggle with feelings of inadequacy because we are inadequate. Alone, we are not good enough, smart enough, or beautiful enough. We're not enough--period. And that's okay, because God is. The answer to our insufficiency and insecurity isn't self-love, but God's love. In Jesus, we're offered a way out of our toxic culture of self-love and into a joyful life of relying on him for wisdom, satisfaction, and purpose. We don't have to wonder what it's all about anymore. This is it. This book isn't about battling your not-enoughness; it's about embracing it. Allie Beth Stuckey, a Christian, conservative new mom, found herself at the dead end of self-love, and she wants to help you combat the false teachings and self-destructive mindsets that got her there. In this book, she uncovers the myths popularized by our self-obsessed culture, reveals where they manifest in politics and the church, and dismantles them with biblical truth and practical wisdom.